

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>*Exercising Gently</b> 9:30am to 12:30pm <i>Walking, swimming, Tai Chi and more</i>	<b>*Dancing</b> 10:00am to 12:30pm <i>Learn some fancy new steps at a Dance Studio</i>	<b>*Garden Explorers</b> 9:30am to 12:30pm <i>Visit nurseries, garden centres and gardens</i>	<b>*Independent Living Skills - Moving Out</b> 9:30am to 3:30pm <i>Mount Street Campus</i>	<b>*Independent Living Skills - Moving Out</b> 9:30am to 3:30pm <i>At Wavlink campus</i>	<b>Our Kitchen Rules</b> 10:00am to 1:30pm <i>Make and serve lunch to other hungry students</i>
<b>*Super Seniors (Monday &amp; Tuesday)</b> 9:30am to 12:30pm <i>Social class for people aged over 65</i>	<b>Pottery</b> 9:30am to 12:30pm <i>Slab, coil, build and bake, it all happens here</i>	<b>Master Cook</b> 9:30am to 12:30pm <i>Learn how to make, and then eat tasty meals</i>	<b>*Veggie Gardening</b> 9:30am to 12:30pm <i>Learn how to grow fresh and fabulous veggies</i>	<b>Computer Class</b> 9:30am to 12:30pm <i>Learn new skills working with technology</i>	<b>Crafty Creations</b> 10:00am to 12:30pm <i>Create, have fun</i>
<b>Art &amp; Craft Creations</b> 9:30am to 12:30pm <i>Create interesting items in a friendly group</i>	<b>Sustainable Gardening</b> 9:30am to 12:30pm <i>Worm farm, composting &amp; other skills</i>	<b>Literacy &amp; Numeracy</b> 9:30am to 12:30pm <i>Easy as abc, 123...</i>	<b>Ten Pin Strike</b> 9:30am to 12:30pm <i>Bowling at the local alley</i>	<b>Café Craft</b> 9:30 to 12:30pm <i>Coffee and craft! Who could ask for more?</i>	<b>Lunch at the Wave</b> 12:30 to 1:30pm <i>Eat the delicious food prepared by OKR group</i>
<b>That's Life!</b> 9:30am to 12:30pm <i>Fun and interactive skills development class with lots of outings.</i>	<b>Out and About</b> 9:30am to 1:30pm <i>By bus, train, foot....</i>	<b>*Newspaper Group</b> 9:30am to 12:30pm <i>Calling all wanna be newshounds and photographers</i>	<b>Sewing Group</b> 9:30am to 12:30pm <i>Learn new skills, create beautiful items</i>	<b>*Woodwork</b> 1:00 to 3:00pm <i>Meet at the Monash Men's Shed</i>	<b>*What's On - Market &amp; Festival Group</b> 10:00am to 3:00pm <i>Monthly market trawl. Pack your walking shoes</i>
<b>Computer Class</b> 1:30 to 3:30pm <i>Learn new skills working with technology</i>	<b>Nourish - Food &amp; Wellbeing Group</b> 1:30 to 3:30pm <i>Care for your body, mind and soul</i>	<b>Wavfit Exercise Class</b> 1:30 to 3:30pm <i>Move that body and have fun</i>	<b>Art &amp; Craft Group</b> 1:30 to 3:30pm <b>Woodwork at Wavlink</b> 1.30-3.30pm	<b>*On The Town Monthly</b> 6:30 to 9:30pm <i>Get around the town to a different venue each month</i>	<b>Saturday Social</b> 1:30 to 3:30pm <i>Just chilling after the working week with mates</i>
<b>Studio Arts</b> 1:30 to 3:30pm <i>Painting, crafting, workshops for makers</i>	<b>Music &amp; Drama</b> 1:30 to 3:30pm <i>Singing, dancing, acting, improve, so much fun!</i>	<b>Computer Class</b> 1:30 to 3:30pm <i>Learn new skills working with technology</i>	<b>Computer Class</b> 1:30 to 4:00pm <i>Learn new skills working with technology</i>	<b>Classes marked with an * asterisk are new classes we plan to introduce in 2018.</b>	<b>Computer Class</b> 1:30 to 3:30pm <i>Learn new skills working with technology</i>
<b>Are you interested in?</b> <i>Drumming group Didgeridoo Community Choir Call us 9561 7104</i>	<b>*Independent Living Skills Cooking Class</b> 5:00 to 7:30pm <i>Meet at the Mount Street Campus</i>	<b>*Independent Living Skills Class</b> 5:00 to 7:30pm <i>Essential skills for living well in the community</i>	<b>Nightlife</b> 6:30 to 9:30pm <i>Social Group, outings and in-house fun</i>		<b>*Projects in the Workshop</b> 1:00 to 3:30pm <i>DIY, Plants, Mosaics, Woodwork and more</i>